

## The Four Why's and Eight How's of Small Groups – Life Groups

### Why Life Groups?

1. **Because Small Groups are a Biblical Model** Acts 5:42 CIRCLES VS ROWS
2. **Because People Need to Be Known** (People need to be needed and known.)
3. **Because Real Life Change Happens in the Context of Relationships** James 5:16

The Johari Window of Relationships teaches us. <sup>1</sup>

- **Arena** – I know, and you know. (Public, Open)
- **Mask** – I know, but you don't know. (EX: Psalms 51 / Psalms 32)
- **Blind Spot** – You know, but I don't know. (everyone sees it but you.)
- **Potential** – I don't know, and you don't know.

4. **Because Growth Happens in Relationships** Proverbs 27:17

### How Do We Do Life Groups?

1. **Groups are Built on Common Interest or Felt Needs** (Free Market System)
2. **Intentional Formation of Needed Groups / Anchor Groups**
3. **Use Big Events to Promote the Life Groups**
4. **Groups Meet Weekly** ESPN – Encouragement / Scripture / Prayer / Next Steps
5. **Groups Occur Quarterly – Winter, Spring, Summer, and Fall**
6. **Groups are Covered in Prayer by Pastors and Coaches**
7. **Never Stop Recruiting and Training New Leaders**
8. **The Church Must Have a Total Commitment to Small Groups**

**Bold Next Step:** I will sign up and attend a 2021 Winter Life Group for Spiritual growth, encouragement, prayer support, and a sense of Bold Community.

**Online Life Groups can be conducted safely and securely on Believers Chat App.**

**Bold Next Step:** I will download the Believers Church Chat App. (or visit believers.chat on my computer) and email Amy at amy.delacruz@believersmail.com for my password.

<sup>1</sup> <https://www.communicationtheory.org/the-johari-window-model/>

***(Life App Group Leaders, these questions include a few from Week One – Enabled Boldness and Week Two – Bold Community)***

**Life App Group and Family Devotional Application**

1. Looking back to “Enabled Boldness”, what do we mean by that?

Enabled by what, to do what?

2. Our Bold Next Step from week one was to memorize and meditate on Acts 4:29-31. Who can quote it?

Let’s read it and talk about what God is showing us in these verses.

3. Concerning Life Groups, why do you think it’s important to be in one?

How will it help?

4. Explain the Four Phases of Relationships as seen in “The Johari Window of Relationships”.

5. Read Psalms 32:1-5. How did David feel when he covered or hid his sins?

What happened when David came clean, confessed, and uncovered his sins?

6. In James 5:16 we are told to confess our sins to who?

After the confession, what are we supposed to do?

What will be the result?

Why are we, as Believers, so hesitant to confess our sins, or weaknesses to each other?

Do you think not confessing and trying to hide our sins is the path to freedom and deliverance?

## 2021 Life Group Calendar

### Winter Quarter (11 Weeks)

**Monday 1-11-21 thru Sunday 3-28-21**

LG Spring Break Monday 03-29-21 thru Sunday 04-11-21  
(Good Friday 4-3-21 / Easter Sunday 4-4-21)  
(Two Weeks including Good Friday and Easter Sunday)

### Spring Quarter (9 Weeks)

**Monday 04-12-21 thru Sunday 06-13-21**

LG Summer Break Monday 06-14-21 thru Sunday 07-04-21 (Three Weeks)  
(VBS) June 14<sup>th</sup> – 17<sup>th</sup>

### Summer Quarter (8 Weeks)

**Monday 07-05-21 thru Sunday 08-29-21**

Fall Break Monday 08-30-21 thru Sunday 09-12-21 (Two Weeks, includes Labor Day, 9-6-21)

### Fall Quarter (10 Weeks)

**Monday 09-13-21 thru Sunday 11-21-21**

Holiday Break Monday 11-22-21 thru Sunday 01-09-22

Chanukah Blessing Wednesday 12-01-21

Church Wide Christmas Party / Kid Jam Christmas 12-8-21

Christmas Eve Friday, 12-24-21

Christmas Day Saturday 12-25-21

New Year's Eve Friday 12-31-21

- **Next Step: Life Groups**
  - 2021 2nd Wednesdays, 6:30 -7:30