

Too many lives are paralyzed by either the regrets of the past or fear of the unknown.

John 8:32 ...you will know the truth, and the truth will set you free.

John 8:36 So if the Son sets you free, you will be free indeed.

Fear

- Fear of The Lord Luke 1:50 / Romans 3:10-18
- Natural Fears / God given senses that will help protect us. Fear of Heights, Speed, Etc.

Fear

- The Sprit of Fear Unhealthy, Unnatural, Controlling, and Destructive. Phobias
- Fear of Sickness
- Fear of Financial Loss Matthew 10:29-31 / Philippians 4:19
- Fear of Failure
- *“The greatest mistake one can make in life is to be continually fearing you will make one.” - Elbert Hubbard*
- Fear of Death 2 Corinthians 5:8

Bold Next Step: Identify what your greatest fears are and consider how they may be hindering you from doing what God has called you to do.

We Are Free from the Spirit of Fear

1. **Jesus has _____ you a spirit of fear.** 2 Timothy 1:7 *REFUSE IT or FEED IT!*
2. **You are a _____ of _____.** Romans 8:14-17 Tell your fears, my Daddy's bigger than your daddy!
3. **Know that Christ Jesus is _____ by your side as your _____.**
Hebrews 13:5-6 / Psalms 23:1-4
4. **Remember that God is _____ and not _____ you!** John 10:10 / Romans 8:31
5. **God loves you with a _____!** 1 John 4:15-19 / Romans 8:34-35; 37-39
6. **We _____ God.** Psalms 56:4 / Psalms 34:4 / John 6:67-68

“No matter how deep the pit, God is deeper still.” -Betsie ten Boom

*“As the marsh-hen secretly builds on the watery sod, Behold I will build me a nest on the greatness of God,”
-“The Marshes of Glynn” Sidney Lanier*

*“God is too good to be unkind. He is too wise to be confused.
If I can't trace His hand, I can always trust His heart.” -C.H. Spurgeon*

Bold Next Step: Even if I don't understand, even if nothing makes sense, even if nothing seems to be working... I will trust the Lord.

Life App Group and Family Devotional Application

1. Explain what we mean by a “healthy” fear. Give examples. What are some examples of “unhealthy” fears?
2. Do you know of anyone that constantly lives in a state of fear? (No names please)
3. What do we mean by a “Spirit of Fear”? Can and how does fear grow?
4. How have you dealt with a fear of failure in your life? Have you ever been told your idea won't work?
5. What are some of the fears you have delt with in life? Did they hinder you? How did you overcome them?
6. What are your two choices when it comes to the Spirit of Fear?
7. Concerning fear, why is trust in God a must? Is there anything else you trust that's going to bring you peace?

Answers: Healthy / Unhealthy / not- given / Child – God / always – helper / for – you – against / perfect – love / trust