

Speak Light “Speak Light to Others and Yourself” Believers Statesboro 03-20-22

Speak Light Week 2 Pastor Scott Moore / Believers Church of Statesboro / www.believersstatesboro.com

SPEAK LIGHT, LIFE GIVING WORDS TO _____ EVERY CHANCE YOU GET.

- _____ to Speak Light Ephesians 4:29 – 5:2 / Proverbs 25:11 (NKJ)

- Look for _____ to Speak Light.

Proverbs 16:24 (NLT) Kind words are like honey— sweet to the soul and healthy for the body.

Proverbs 10:20-21 The tongue of the righteous is choice silver, but the heart of the wicked is of little value. 21
The lips of the righteous nourish many, but fools die for lack of sense.

- Be Careful with _____.

NEXT STEP: I commit to speak Life Giving Words of Light to others every chance I get.

SPEAK LIFE-GIVING WORDS TO _____ AND TO YOUR _____.

- Self-Talk.

Ecclesiastes 10:12 Words from the mouth of the wise are gracious, but fools are consumed by their own lips.
Proverbs 13:2-3 ...Those who guard their lips preserve their lives...

- Speak Light to _____.

What are the troubling circumstances you find yourself in? How are we talking about them?

Mark 11:22-23 / 1 Samuel 17:45-47 Replace the destructive words with truth and by faith you speak to them!
You may not feel it, but you keep speaking faith until you believe it!

Be careful, because when we are speaking to ourselves our words reveal what's in our heart,
what we truly believe about ourselves. Matthew 12:34-37

NEXT STEP: I commit to speak Life Giving Words of Light to myself and my circumstances.

Life App Group and Family Devotional Application

1. Now that we have been thinking about what we say or don't say- what have you observed this past week about your tongue and words? Are you Speaking Light and Life or Death and Darkness?
2. This week we learned that we are to Speak Life and Light to two groups of people. What were they?
3. Why should we predetermine to speak light? Do you find that this helps you when you do?
4. Pastor Scott encouraged us to look for opportunities to speak light. Are the opportunities really that hard to find? Give some examples of taking an opportunity to speak light this week (or at least not speak darkness).
5. Why are we cautioned to be careful with “humor”?
6. Be honest, how are you doing with Self Talk? If the average person's self-talk is 80% negative, what percent of your self-talk is negative? Why is that people speak so negatively about themselves? Do you think that we have an internal “Harsh Judge” within us who is not the Holy Spirit? The Holy Spirit's conviction and direction leads to life, but the mental harsh judge leads to what?
7. How well do you agree with what the word of God says about you and speak what the word says?
8. How do you speak light and FAITH into the circumstances of your life? Both Good or Bad circumstances.
9. Did you have opportunities to speak light at the Serve the Boro event Saturday? Share. Will you make a conscience effort to speak life and light this weekend at Serve the Boro?

Answers: Others / Predetermine / Opportunities / Humor / Yourself – Circumstances / Your – Circumstances