

*Philippians 2:14-15 Do everything without complaining and arguing, so that no one can criticize you. Live clean, innocent lives as children of God, shining like bright lights in a world full of crooked and perverse people.*

**OUR WORDS REVEAL THE CONDITION OF OUR HEART**

Matthew 12:34 ... For out of the overflow of (what?) the heart (what happens) the mouth speaks.

From a negative complaining \_\_\_\_\_ overflows negative complaining \_\_\_\_\_, which generally become negative \_\_\_\_\_ resulting in a miserable \_\_\_\_\_.

Proverbs 21:19 NLT

**NEXT STEP: If I find myself constantly complaining, I will ask myself, “What is in my heart?” and I will ask Jesus to help me deal with the issues.**

**SAME \_\_\_\_\_, DIFFERENT \_\_\_\_\_**

- The Same Old Manna: Numbers 11:1-6
- The Expensive Perfume: Matthew 26:8-10
- The Overwhelmed Host: Luke 10:38-42
- The Worshiping Prisoners: Acts 16:25-34

**NEXT STEP: This week I will look at the same things I’ve been complaining about but look at them from a different perspective.**

**POSITIVE PROMISES**

- 1) I WILL NOT HANG OUT WITH \_\_\_\_\_ PEOPLE. 1 Corinthians 15:33
- 2) I WILL SPEAK WORDS OF \_\_\_\_\_. Proverbs 18:2
- 3) I WILL BE \_\_\_\_\_ FOR WHAT I HAVE. 1 Thessalonians 5:18

**NEXT STEP: This week I will apply these three positive promises and maybe make a few more that I will strive to keep.**

Our words reflect our heart. No more complaining for us, because that’s a reflection of a heart that’s not right with God. And if our words are characterized by complaining, let’s let God do a work in our hearts today.

**Life App Group and Family Devotional Application**

1. In Philippians 2:14-15, what did Paul say the result would be when we stop complaining? Seeing that’s true, what will happen if we don’t stop complaining?
2. What do our words reveal?
3. SAME EVENT, DIFFERENT PERSPECTIVES. What were the two difference perspectives seen in each story: A) The Same Old Manna: Numbers 11:1-6. B) The Expensive Perfume: Matthew 26:8-10. C) The Overwhelmed Host: Luke 10:38-42 and D) The Worshiping Prisoners: Acts 16:25-34
4. Pastor Scott asked us to commit to three Positive Promises. What were they? Discuss why doing each will change our lives.
5. Do you have any additional Positive Promises that you would like to start doing as well?
6. Share with the group what you do to keep yourself positive and free from complaining.

Answers: heart – words / actions – life / EVENT – PERSPECTIVES / NEGATIVE / LIFE / THANKFUL